



# IKEBANA

## INTERNATIONAL

San Diego Chapter #119  
www.ikebanasandiego.org

March 1, 2026



In my hut this spring, There is nothing-- There is everything! Yamaguchi Sodō (1642-1716)	<i>yado no haru nan imo naki koso nani mo are</i>
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<b>Board Meeting</b> – 10AM, March 18, 2026, via Zoom
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<b>Spring Flower Show</b> – March 21-22, 2026, Room 101 Balboa Park Casa del Prado
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Dear Members,

Our Spring Show “Ikebana Rocks” is just around the corner—March 21 & 22—and we want every member to be part of it!

Now is the perfect time to let your creative energy flow and start imagining the arrangement you’d like to contribute. A brand-new theme is always both a challenge and an inspiration, and your unique interpretation will help make this show truly special.

We also need many helping hands during the event. A few hours as an information host, at the entry table, or keeping our refreshment area tidy keeps the show running smoothly.

Please look through your closets and cupboards for gently used books, vases, or Ikebana supplies you no longer need. Donations to our Gently Used Ware Sale help new members explore different containers at very affordable prices.

**Your participation**—whether through your arrangement, your time, or your donated treasures—helps make “Ikebana Rocks” a great event.

Thank you,  
Cecilia Carrick, President



**Spring Flower Exhibition March 7-8 Wabi Chapter of the Ohara School of Ikebana** - Room 101 Balboa Park Casa del Prado, 10:30am-3:30pm.



**Spring Flower Exhibition March 21-22 Ikebana International San Diego** – Room 101 Balboa Park Casa del Prado. Our theme is “Ikebana Rocks.” All members are invited to display an arrangement and volunteer to work at the Show. It’s an enjoyable and inspiring experience with Ikebana friends. For further information contact Judi ([JudithLBowes@gmail.com](mailto:JudithLBowes@gmail.com)) or Valli ([earnest3T@gmail.com](mailto:earnest3T@gmail.com)).

	<p>いばな小原流 Ohara School of Ikebana</p> <p>Annual Flower Show The Beauty of Spring Flowers</p> <p>春の訪れ</p> <p>March 7<sup>th</sup> and March 8<sup>th</sup>, 2026 10:30 am to 3:30 pm</p> <p>Balboa Park Casa Del Prado, Room 101</p> <p>Free admission</p> <p>Ikebana arrangement demonstrations March 7<sup>th</sup> (Saturday) and March 8<sup>th</sup> (Sunday) 12:00 pm, 1:30 pm, 2:30 pm</p>
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FREE ADMISSION



**"IKEBANA ROCKS"**

**58TH ANNUAL SPRING SHOW**  
 MARCH 21 & 22, 2026  
 10 AM - 4:30 PM  
 CASA DEL PRADO, ROOM 101  
 BALBOA PARK

Ichijo Arrangement by Deborah Warriner

Ikebana Flower Displays  
 Daily Demonstrations  
 Sale of Ikebana-related Items



[ikebanasandiego.org](http://ikebanasandiego.org)



Patricia Fuchs showing her greeting card from the workshop using an origami "teabag fold" method taught by Judi Bowes.

**San Diego Museum of Art – Art Alive April 24-26** - The 2026 event draws inspiration from the Museum's Centennial exhibition featuring its renowned collection of works by Henri de Toulouse-Lautrec. <https://www.sdmart.org/artalive/>

**Report on General Meeting February 25** – Yumi Rakers (Sogetsu) featured very creative and beautiful arrangements.



Judi Bowes



**Balboa Park Paid Parking Update**

Big changes are coming this week to paid parking in Balboa Park, including "free parking" passes for city residents in certain lots: Pepper Grove, Federal, Upper Inspiration Point, Lower Inspiration Point, Marston Point, Palisades and Bea Evenson.

Residents still must get their city residency verified online by providing one document such as a driver's license, utility bill, property tax bill or rental lease. And the fee is still \$5. Verifications must be renewed every three years.

Those who have had their residency verified to qualify for discounted day-pass parking must return to the online portal at [sandiego.thepermitportal.com](http://sandiego.thepermitportal.com) to add the “free parking” pass to their account. City residents who want discounts in the park’s five premium lots — Space Theater, Casa de Balboa, Alcazar, Organ Pavilion and South Carousel — still must buy discounted day passes in the portal. But city officials plan to announce that verified residents will soon get the long-requested ability to buy discounted day passes at meter kiosks in the park instead of online only. City spokeswoman Nicole Darling said that option would be available sometime in the near future.

Allowing disabled placards in every parking spot in the park is another big change. People with them have previously been allowed only in spots marked blue. <https://www.sandiego.gov/parking/balboapark>



### **Japanese Friendship Garden & Museum**

Tokonoma photos from February: Please contact Debbie Warriner at [dswarriner.sd@gmail.com](mailto:dswarriner.sd@gmail.com) for information.

<https://www.niwa.org/>

<https://www.ikebanasandiego.org/gallery#tokonoma-arrangers>

Mar. 5-8: Aya Zervas

Mar. 12-15: Deborah Warriner

Mar. 19-22: Noriko McDaniel

Mar. 26-29: Rose Phuc Pham Nguyen



**From the Editor** – If you have announcements or suggestions for the next newsletter, please email me at [gingert@san.rr.com](mailto:gingert@san.rr.com)



Winnie Davis



Mitsuko Takeya



Pui Lan Ng



Jeff Fine



### **Visit our Website and Social Pages –**

<https://www.ikebanasandiego.org/> - Remember to check the Members Only section for updates.

Contact [JLVONH@gmail.com](mailto:JLVONH@gmail.com) for password



**Facebook** <https://www.facebook.com/Ikebana-International-San-Diego-Chapter-119-312812938756549/>



**Instagram** <https://www.instagram.com/sandiegoikebana/>



**YouTube** <https://youtube.com/@ikebanainternationalsandiego>

**View the 2026 Ikenobo School Hatsuike:**

**[2026 Ikenobo School Hatsuike](#)**



### **The Spring Exhibition and its Theme: Ikebana Rocks** [Wikipedia]

The theme of our Spring Exhibition is “Ikebana Rocks.” This gives the arranger a challenge to incorporate a stone/rock into the arrangement or use a container that has a rock-like texture or the resemblance to a rock. But maybe there is a third choice: a “viewing stone.”

In Japanese culture *suiseki* are stones that are selected for their ability to evoke an image of a natural scene, such as a mountain, a waterfall, a mountain range, or even an animal. The stones are displayed on a wooden base or in a low-rimmed container filled with sand. They may be associated with the tea ceremony and the *tokonoma*, but often they accompany *bonsai* displays.

Stone appreciation began in ancient China. Stones were selected for their beauty and for their suggestion of a scene from nature; they were called “Scholar’s Stones.” The practice spread to Japan during the early medieval period. The term *suiseki* comes from the character for water (“*sui*”) and the character for stone (“*seki*”). Water-worn rocks evoking a scene or image are highly prized in Japan.

The practice of “viewing stones” has spread worldwide. Books have been written about it, and groups have formed to exhibit their collections. The Viewing Stone Association of North America (VSANA) holds meetings and annual exhibitions. To see some examples visit: <https://www.vsana.org/>